

Curriculum Vitae



PERSONAL INFORMATION

First name: Azam

Surname: Sharifi

Date & Place of Birth: 24th Nov 1984, Kermanshah, Iran

Nationality: Iranian

Gender: Female

Marital Status: Married

Address and Telephone Numbers: Department of Nursing, Nahavand Paramedical School, Hamadan University of Medical Sciences, Hamadan, Iran. Tel-Fax: 0098-81-33222910

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EDUCATION:

2016-2021: Ph.D. in Nursing, Department of Nursing, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran.

Thesis title: Developing of physical restraint care protocol for hospitalized elderly people in hospital setting

2009-2012: MSc in Critical Care Nursing, Department of Nursing, Kermanshah University of Medical Sciences, Kermanshah, Iran.

Thesis title: The assessment effects of cardiac rehabilitation process on body image quality of life after coronary artery bypass graft in Imam Ali Hospital of kermanshah in 2011

2003-2007: BS in Nursing, Department of Nursing, Kermanshah University of Medical Sciences, Kermanshah, Iran.

PROFESSIONAL WORK EXPERIENCE

2021-Present: Assistant Professor of Nursing, Nahavand School of Allied Medical Sciences, Hamadan University of Medical Sciences, Hamadan, Iran.

2014-2021: Instructor of Critical Care Nursing, Faculty member of Nursing Department, , Nahavand School of Allied Medical Sciences, Hamadan University of Medical Sciences, Hamadan, Iran.

2017-2018: Deputy of Education, Nahavand Paramedical School, Hamadan University of Medical Sciences, Hamadan, Iran.

2015-2017: Chief of Practice, Nahavand Paramedical School, Hamadan University of Medical Sciences, Hamadan, Iran.

2015-2018: Member of the Research Committee, Nahavand Paramedical School, Hamadan University of Medical Sciences, Hamadan, Iran.

2009-2014: Nurse, Intensive Care Unit & Cardiac Care Unit, Imam Reza Hospital, Kermanshah, Iran.

2012-2014: Member of Hospital Evaluation Committee, Kermanshah University of Medical Sciences, Kermanshah, Iran.

2007-2009: Nurse, Cardiac Care Unit, Cardiovascular subspecialty center, Imam Ali Hospital, Kermanshah, Iran.

2008-2014: Instructor in Nursing, Department of Nursing, Kermanshah University of Medical Sciences, Kermanshah, Iran.

AWARDS AND HONORS

2019: The best in-university educational process in Shahid Motahari Festival (Design, implementation and evaluation of new methods of games planned in the nursing ethics course to teach the principles of professional ethics to nursing students.)

2019: Top student Recognition award, University of Social Welfare and Rehabilitation Sciences.

2015: Best Instructor Award, Hamadan University of Medical Sciences.

2013: Best Instructor Award, Kermanshah University of Medical Sciences.

2012: Top student Recognition award, Kermanshah University of Medical Sciences.

2010, 2012: Top Nurse Award, Kermanshah University of Medical Sciences.

2007: Top student Recognition award, Kermanshah University of Medical Sciences.

2007: Third place in the national festival of Nahj al-Balagheh of the country's academics.

RECENT PUBLICATIONS

Journal Papers

1. **Sharifi, A.**, Fallahi-Khoshknab, M., Mohammadi, S. *et al.* Depression, anxiety, and stress among Iranian nurses in COVID-19 care wards. *BMC Psychol* 10, 205 (2022). <https://doi.org/10.1186/s40359-022-00911-8>
2. **Sharifi, A.**, Arsalani, N., Fallahi-Khoshknab, M., Mohammadi-Shahbolaghi, F. The principles of physical restraint use for hospitalized elderly people: an integrated literature review. *Systematic Reviews*, 2021, 10(1), 129.
3. **Sharifi, A.**, Arsalani, N., Fallahi-Khoshknab, M., Mohammadi-Shahbolaghi, F., Ebadi, A. Iranian nurses' perceptions about using physical restraint for hospitalized elderly people: A cross-sectional descriptive-correlational study. *BMC Geriatrics*, 2020, 20(1), 233.
4. Soori M, Soori Z, **Sharifi, A.**, et al. Evaluate the prevalence and trend of hepatitis B and hepatitis C in Nahavand: west of Iran, 2013–2017. *TMR Integrative Medicine* 2020, 4: e20017.
5. **Sharifi A.**, Mohammad-Shahboulaghi F, Khankeh HR, Azami H, Mohammadian B, Rahimi S. Concept Analysis of Nursing Negligence . *Iranian Journal of Systematic Review in Medical Sciences (IJSR)* 2020, 1(2): 1-10.
6. **Sharifi A.**, Arsalani A, Fallahi Khoshknab M, Mohammadi Shahboulaghi F, Ebadi E. The Psychometric Properties of Persian Version of the Perceptions of Physical Restraint Use Questionnaire in the Elderly. *Salmand: Iranian Journal of Ageing*. Forthcoming 2019. Doi: <http://10.32598/sija.10.15.2.2855.1>
7. **Sharifi, A.**, Janatolmakan, M., Khatony, A. The prevalence and the reasons of issuing permission for therapeutic abortion in department of forensic medicine, Kermanshah, Iran, during 2005 to 2010. *BMC research notes*, 2019, 12(1), pp. 574, 574.
8. Fallahi, M., Karimpour, H., Aminisaman, J., **Sharifi, A.**, Mirzaei, M., Kawyannejad, R. Effect of eucalyptus incense on prevention of early and late ventilator-associated pneumonia: A randomized controlled double-blinded clinical trial. *Journal of Mazandaran University of Medical Sciences*, 2019, 28(170), pp. 64–73.
9. Asadian, S., Siavashi, V., Jabarpour, M., **Sharifi, A.**, Pourmohammad, P., Nassiri, S.M. Circulating endothelial progenitor cells in pregnant women with premature rupture of membranes: Potential association with placental disorders. *Reproduction, Fertility and Development*, 2018, 30(12), pp. 1689–1698
10. Shahebrahimi, K., Zulnoorian, S., Almasi, A., **Sharifi, A.**, Keshvarz, A.A., Farshchian, N. A comparison of the therapeutic effects of metformin, pioglitazone and vitamin E in patients with non-alcoholic fatty liver. *Journal of Babol University of Medical Sciences*, 2017, 19(9), pp. 32–38.
11. Siavashi, V., Asadian, S., **Sharifi, A.**, Azadbakht, M., Nassiri, S.M. Circulation Enrichment of Functional Endothelial Progenitor Cells by Infantile Phototherapy. *Journal of Cellular Biochemistry*, 2017, 118(2), pp. 330–340.
12. Norouzinia R, **Sharifi A.** The Effect of Mindfulness-Based Stress Reduction Training on Stress and Burnout of Nurses . *IAJPS* 2017, 4 (05), 1296-1302.
13. Norouzinia R, **Sharifi A.** The Clinical Skills of Emergency Medical Staff Confronting Trauma. *National Journal of Physiology, Pharmacy and Pharmacology*. 2017;8(5):750-54.

14. Almasi, A., Hatami, F., **Sharifi, A.**, ...Kaviannezhad, R., Ebrahimzadeh, F. Effectiveness of stress coping skills training on the resiliency of mothers of handicapped children. *Scientific Journal of Kurdistan University of Medical Sciences*, 2016, 21(2), pp. 34–42.
15. Shahebrahimi, K., Naseri, R., Kalantarian, T.S., ...Derakhshandeh, K., **Sharifi, A.** Effects of levothyroxine treatment on lipid profile in subclinical hypothyroidism: A randomized clinical trial. *Galen Medical Journal*, 2015, 4(2), pp. 72–77
16. Esmailivand, M, Ghafourifard, M, Mohammadi, M, Taghizadeh, P, Chalechale, K, **Sharifi, A.** Barriers and Facilitators to Clinical Education from the Perspective of Junior and Senior Nursing Students. *Global Journal of Health Science*, 2016,9(3),pp.209.
17. Norouzinia R, Mohammadi R, **Sharifi A.** Gap Analysis of Educational Services Quality based on SERVQUAL Model from Iranian Medical Students' Viewpoint (2014). *Educ Res Med Sci.* 2016,5(2),pp.211.
18. Shahebrahimi K, Rahmatinejad M, **Sharifi A,** Rahimi M, Hemmati M. Comparison of bone mineral density in postmenopausal women with and without type 2 diabetes mellitus in Kermanshah. *Jkums*, 2014, 18(9),pp. 525—531.
19. **Sharifi A,** Khatoni AR, Rezaei M. Is there a relationship between core body temperature and changes of endotracheal tube cuff pressure?. *Journal of Critical Care Nursing*, 2014, 7(2),pp, 102—109
20. Ebrahimi Porian L, Shayesteh S, Pourmirza Kalhori R, Abdyazdan G, **Sharifi A.** Assessing the effect of Healthy Belief Model application on behavior change of the patients with Myocardial Infarction. *Journal of Critical Care Nursing*, 2013, 6(2),pp,101-108.
21. Shahebrahimi K, **Sharifi A** , Almasi A, Taliei R , Izadi B, Karimi M. Comparison of concentrations of lipoprotein (a) and serum lipids profile in patients with subclinical hypothyroidism and euthyroidism. *AMUJ*, 2013, 16(73),pp,37-44.
22. **Sharifi, A,** Jalali R, Shahbazi N. Evaluation of awareness on the patient bill of rights and observing rate on the patient's perspective in Imam Reza Hospital in Kermanshah in 2012. *Iranian Journal of Medical Law*, 2013, 6(23),pp,125-135.
23. Khoshay, A, **Sharifi, A,** Shasavari, S. The survey of cardiac rehabilitation process on the changes of body image quality of life in patients after coronary artery bypass graft surgery. *Journal of Kermanshah University of Medical Sciences (J Kermanshah Univ Med Sci)*, 2013, 16(8),pp,635-43.
24. **Sharifi A,** Rezaei J, Moradi KH, Almasi A. Survey of knowledge and satisfaction with the use of cupping, Kermanshah in 2013. *Journal of Traditional Medicine of Islam and Iran.* 2015, 7(1), pp,63-70.
25. **Sharifi A,** Ebrahimi Porian L. Prevalence of respiratory and urinary tract infections in the intensive care unit of Imam Reza Hospital in Kermanshah in the first 6 months of 2010. *Journal of Kermanshah School of Paramedical Sciences*, 2010, 2(1),pp:38-44.
26. **Sharifi A,** Ebrahimi Porian L. Comparison of the effect of mouthwash with chlorhexidine solution and soft toothbrush with fluoride-containing toothpaste on the incidence of ventilator-related pneumonia in patients admitted to the ICU of Imam Reza Hospital in Kermanshah in 2010, *Journal of Kermanshah School of Paramedical Sciences*, 2010, 1(1),pp:63-68.

BOOK PUBLISHED

- Guide to writing essays in medical sciences, author: Azam Sharifi, Alireza Khatouni, Nahid Parade, Massoud Bahreini. Jamee Negar Publishing (Salemi), Published: First 2014.
- Quick steps for the triage nurse, translated by: Kobri Ghorbanzadeh, Azam Sharifi, Negar Porukhoshuri, Kian Nowrozi Tabrizi, Publications of Khalkhal University of Medical Sciences and Health Services, 2nd edition, 2021

INVENTIONS

- Water producer using high altitude balloon. Registration number: 107442. 2022
- The process of producing protein concentrate from whey by coagulation method. Registration number: 103161. 2020
- Optical guide of tracheostomy. Registration Code: 13915014000306029. 2012

RESEARCH PROJECTS (Project Manager and Coworker):

- 1- Evaluation of stress, anxiety and depression in nurses caring for patients with coronavirus. University of Social Welfare and Rehabilitation Sciences, 2020
- 2- Develop a care protocol for physical restraint in the elderly hospitalized. University of Social Welfare and Rehabilitation Sciences, 2019
- 3- Challenges of nurses' participation in health economics; Barriers and facilitators. University of Social Welfare and Rehabilitation Sciences, 2019
- 4- Frequency and consequence of disruptive behaviors of physicians and nurses in emergency departments and operating rooms of teaching hospitals affiliated to Alborz University of Medical Sciences. Alborz University of Medical Sciences, 2018
- 5- Comparison of the effects of orthodontol mouthwash with chlorhexidine in the prevention of lung infections in related patients under mechanical ventilation in the intensive care unit, Kermanshah University of Medical Sciences, 2015
- 6- The effect of eucalyptus incense in the prevention of mechanically ventilated lung infections in intensive care unit patients, Kermanshah University of Medical Sciences, 2015
- 7- The effect of stress-based mindfulness on stress and burnout in nurses, Alborz University of Medical Sciences, 2014
- 8- Investigating the Reasons for Referral, Knowledge and Satisfaction of People Referred to Kermanshah Cupping Centers in 2012. Kermanshah University of Medical Sciences, 2012
- 9- Evaluation of the characteristics of trauma patients transferred to the emergency room of Taleghani Hospital in Kermanshah in 2012-2013, Kermanshah University of Medical Sciences, 2012
- 10- Evaluation of the causes of non-transplant nephrectomy in the last 30 years in Kermanshah province, Kermanshah University of Medical Sciences, 2012

- 11- Evaluation of effective factors on readmission of patients with type 2 diabetes in selected hospitals in Kermanshah in 2012, Kermanshah University of Medical Sciences.2012
- 12- The effect of rehabilitation process on the concept of quality of life in patients after coronary artery bypass graft surgery in Imam Ali Hospital in Kermanshah in 2011. Kermanshah University of Medical Sciences. 2011
- 13- Evaluation of the relationship between changes in central body temperature and changes in endotracheal tube cuff pressure in patients admitted to the intensive care unit of Imam Reza Hospital in Kermanshah in 2011. Kermanshah University of Medical Sciences. 2011

SEMINAR, SYMPOSIA AND CONGRESSES

Type of presentation	The Number of Articles		
	National	International	Total
Poster presentation	25	12	37
Oral presentation	5	3	8

RESEARCH INTERESTS

- Critical Care Nursing
- Development of clinical guidelines
- Geriatric Nursing